



Punggol

My Gym JumpStart Program

Time	Monday	Tuesday	Wednesday	Thursday	Friday
1.30pm - 2.00pm	Arrival of Students				
2.00pm - 2.45pm	Freshen Up Lunch Rest				
2.45pm - 3.45pm	Rest and Nap time (P1s) (2.45 to 3.30pm) Homework supervision Spelling revision (All)				
3.45pm - 4.00pm	Tea break				
4.00pm - 6.00pm	Inhouse revision Homework supervision Spelling revision				
4.00pm - 5.30pm	Tuition Programs (Additional Charges apply)				
	P3 English	P4 English	P1 English P2 English P5 English P3/P4 Math		P1/P2 Math P3 Science
4.00pm - 6.00pm	My Gym Practice and Play P1 - 4 to 4.40pm P2 - 4.40 to 5.20pm P3-6 - 5.20 to 6pm	My Gym Practice and Play P1 - 4 to 4.40pm P2 - 4.40 to 5.20pm P3-6 - 5.20 to 6pm	My Gym Sports Program P1 - 4 to 4.40pm P2 - 4.40 to 5.20pm P3-6 - 5.20 to 6pm	My Gym Practice and Play P1 - 4 to 4.40pm P2 - 4.40 to 5.20pm P3-6 - 5.20 to 6pm	My Gym Sports Program P2 - 3.30 to 4.10pm P3-6 - 4.10 to 4.50pm P1 - 4.50 to 5.30pm
6.00pm - 7.00pm	Board Games + Silent Reading	Lego + Silent Reading	Word games/puzzles + Silent Reading	Art and Craft + Silent Reading	Movie Time
7.00pm	Home Sweet Home				